



HALCYON HEALTH
&
BEAUTY LTD



AT THE ROYAL LODGE
IN SYMONDS YATE EAST



B A R E E S C E N T U A L S

makeup so pure you can sleep in it

HALCYON HEALTH AND BEAUTY TREATMENT MENU

His and Hers Massage and Body Therapies



DEEP TISSUE MASSAGE – 60 mins £40.00

Deep rhythmic pressure massage that alleviates stress & eases aching muscles. With this powerful, customized massage this will target individual needs and reduce specific stress and muscle tension (light pressure can be applied)

DEEP TISSUE BACK MASSAGE – 30 mins £30.00

Minimum time, maximum tension relieving results! Specifically targeting the back, neck and shoulder area, where you need it the most!

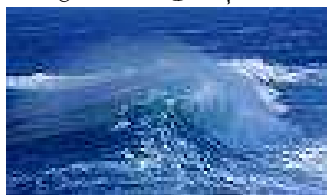
THE CALMER – 90 mins £50.00

Leave the world behind you for one hour and thirty minutes and let the stress of day to day life roll away while you experience the head to toe full body relaxation massage.

TRESOR DES MERS – 60 mins £55.00

Feel the benefits of this luxurious and relaxing full body massage that takes you on a journey of detoxification calming your inner self. Embracing unique and powerful lymph drainage movements which use the lightest of touch, your body will be cleansed from the inside out. To maximise results we use Phytomer's warmed unique elixirs, taking the most precious ingredients sourced from our natural marine world. To finish a full body moisturisation with a light but nourishing body milk. Emerge feeling completely re-energised with skin that feels silky soft, firmed and hydrated.

'A truly amazing experience...'



PHYTOMER

MUD THERAPY ~ 45 mins £35.00

Aches and pains simply melt away with this soothing stress-pack treatment. Warm, mineral-rich mud, originally designed for use by physiotherapists, is applied in compress form, to any areas of the body suffering from pain or fatigue, due to increased physical activity, or from any chronic condition. It is highly recommended for the treatment of over exertion, tendonitis, joint pain and muscle stiffness. This treatment combines massage to key areas of the body.



PHYTOMER MARINE GLOW ~ 30 mins £30.00

An exfoliating glow, containing sea-derived granules that will gently smooth dead cells away while the creamy base moisturises the thirstiest of skins. Each scrub is customised with the addition of a boosting serum to target relaxation, invigoration, contouring or firming. The body is left fully moisturised and silky smooth.

FACIALS



We have a collection of facials that can be tailored to meet your
Specific skin care needs, these include:

PHYTOMER SEA ESSENTIAL FACIAL – 50 mins £35.00

Hydration:

Moisture Quench for dry and dehydrated skin

Softness:

Moisture Quench for sensitive & prone to blotchiness skin

Purity:

Moisture Quench for combination, oily & problem skin

Treatment includes cleansing, exfoliation, facial massage and a deep nourishing mask which are all selected to meet the needs of your skin and provide lots of pampering in a short amount of time. Relax back on the unique reflexothermal mud placed along your spine while we treat your skin to an unforgettable experience.

PHYTOMER SEA INTENSE FACIAL – 75 mins £45.00

Take the time out and enjoy the detailed attention with this full on facial which restores a natural beauty and balance to your face. To add a special touch the treatment begins with a relaxing reflexothermal back massage. A skin consultation will determine which specific skin care is needed to cater for your skin type and condition. A detoxifying heated mud mask is included along with the unique self-heating marine mud on the spine preparing your face and body for a truly relaxing facial with optimum skin performance and results.

ANTI-AGING FACIAL



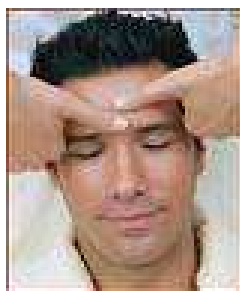
PHYTOMER MARINE SPA PRESTIGE- 85 mins £ 60

For supreme anti-aging results Phytomer have designed the most luxurious and pampering facial. The treatment starts with a back massage on stimulating the reflex zones on the body. Reflexothermale self heating mud is applied to the spine. The face is prepared with an enzymatic peel and cleansed and toned in preparation for e3 masks all with anti-aging and re-hydrating formula's to provide outstanding results. The skin is left smoothed and softened and regains its firmness and tone. This prestige treatment works on the face, eye contour area, neck and décolleté and hands; areas which are constantly exposed to external aggressors and are the first to reveal the signs of aging.



Skin care products and cosmetics used during the treatments are available for purchase.

FOR HIM



HEALTHY HANDS ~ 30 mins £20.00

A brisk clean up of the hands and nails, including cuticle work leaving them nourished with a healthy cleanly appearance.

SOS FOOT RECOVERY ~ 75 mins £40.00

A pedicure to recover tired and neglected feet giving a full service of repair including exfoliation, foot massage, hard skin removal, nail and cuticle work and finishing with a hydrating mask for the feet.

SLEEPY SLUMBER ~ 30 mins £25.00

A relaxing pressure point scalp massage to relieve the head of stress and tension leaving you feeling lighter and relaxed for the rest of the day.

WAXING

Chest	£25.00
Back	£20.00
Chest & Back	£35.00
Eyebrows	£8.00

SUN YOURSELF

For the perfect tan

Fake Bake



TANNING

FULL BODY (hands on) ~ 1 hr £35.00

To begin a exfoliation of the body then removed with hot steamed towels prior to the tan, creating a smooth surface for application and enhancing the end result. Using top brand fake bake tanning products the therapist fully applies the tan hands-on leaving you with a deep bronzed glowing look!

LEG ONLY ~ 30 mins £20.00

Before arriving for any tanning treatment it is recommended that no body lotions, deodorants or perfumes are worn prior to the treatment. Loose dark clothing is also required to be worn for this specific treatment.

BARE ESSENTIALS MINERAL MAKE UP



BareMinerals is the original mineral makeup and is the number 1 mineral makeup in the world! This make up has no preservatives, no oil, no fragrance and no chemicals that will cause skin problems. BareMinerals is recommended by doctors, dermatologists and skin care professionals also the skin cancer foundation due to the high SPF 15 within the make up itself.

MAKE UP AND CONSULTATION ~ 30 mins £25.00

BEAUTIFUL BRIDE ~ £75.00

Two appointments:

Firstly, a consultation and a trial makeup

Secondly, the wedding day makeover including a file and polish for hands and feet

EYE CARE



THE SPARKLER - 40 mins £35.00

A soothing anti-aging eye treatment to bring back the sparkle in your tired eyes, improving appearance of fine lines, wrinkles and dark circles around the eye area. This treatment drains away unwanted puffiness with a relaxing lymph eye massage followed by a cooling eye mask.

EYELASH TINTING - £10.00

Brighten and enhance your eyes with a tint making lashes appear longer and fuller.

EYEBROW TINTING - £10.00

Define the eyebrows with tinting 3 colours available.

(patch test needed 24 hrs prior to tinting treatments)

EYEBROW SHAPE - £6.00

For the more sensitive skins an eyebrow shape to create a tidy and natural look to the brows.

HANDS & FEET



THE ROYAL MANICURE - 60 mins £30.00

This manicure gives your hands and nails royalty treatment giving you a truly superior relaxing experience. Nourishing marine products are used within the manicure giving the skin a full mineral re boost and improvement of nail condition. A mini neck and shoulder massage is included while you sit back and enjoy the hand mask and hot steamed hand towels.

THE ROYAL PEDICURE - 75 mins £40.00

A total sensory experience for your feet. Lavender water and warmed marine products nourish and super condition neglected feet and nails. Feet are cocooned in warm booties while you receive a mini neck and shoulder massage. The extra rich hydration replenishes and softens hard working heels, lavishing a rich and healing action on your skin.

FILE & POLISH (hands or feet) - £12.00



BEAUTY ESSENTIALS



Waxing

Full leg	£25.00	Half Leg	£20.00
Underarms	£10.00	Bikini	£15.00
Lip or Chin	£8.00	Eyebrow	£8.00



HEN PARTY PACKAGES

Relax throughout the day in the scenic setting by the river in Symonds Yat East at Halcyon Health and beauty.....Go on indulge yourselves before the big day!

Spa day with lunch £ 85.00 Per Person

The experience includes:

- Refreshments on arrival
- A luxurious gown and slippers for the day
- A private room for the bride to be and her guests for lunch
- Lunch served with a complimentary glass of champagne
- Halcyon Health and Beauty gift bag

Choice of one of the following treatments:

- Deep tissue massage 30mins
- Mud therapy 45mins
- Sea essential mini facial 30mins
- Phytomer marine glow
- Sleepy slumber
- The sparkler
- File & polish
- Bare Essentials make up & consultation



Spa day with dinner- £120.00 Per Person

The experience includes:

- Refreshments on arrival
- A luxurious gown and slippers for the day
- A private room for the bride to be and her guests for dinner
- Dinner served with a complimentary glass of champagne
- Halcyon Health and Beauty gift bag

Choice of two of the following treatments:

- Deep tissue massage 60mins
- Mud therapy 45mins
- Sea essential facial 55mins
- Phytomer marine glow
- The sparkler
- Bare Essentials make up & consultation
- The Royal manicure
- The Royal Pedicure

Terms and conditions

A minimum of 4 people to maximum of 10 (more people may attend the meal upon request)

All bookings are subject to availability a deposit of £100.00 is required upon booking full balance is required 2 weeks before date with a list of your choice of treatment.

Rooms for over night stay available for more details please contact us.



ARRIVALS

Guests are required to arrive early in time to change, if desired, to fill out a medical questionnaire and pay for your treatments. Arriving late will deprive you of precious minutes of your treatment.

HEALTH CONCERNS

Some treatments are not suitable for certain medical conditions or during pregnancy. Please raise any concerns at the time of booking. We ask all clients to fill out a medical questionnaire on arrival at the Royal Lodge, to ensure treatments are appropriate.

Terms and Conditions:

CANCELLATION POLICY

Appointments will be charged for in full unless cancelled with 48 hours notice or more, unless we are able to re-sell your appointments.

MOBILE PHONES

Please ensure that mobile phones and pagers are switched off during your treatment.

Contact details:

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